

Spouse Boot Camp

(Focused on explaining what our Soldiers/Airmen do and how it all connects together). Modules include:

- A Brief History Lesson
- Duty Calls
- The Company Line
- Understanding Rank And The Wear Of The Uniform
- Family Feud (Test what you've learned! With buzzers!)

What if Your Spouse is the Company Commander?

- What is Command?
- What is Your Role? (including details for planning a reception)
- The Unit FRG
- Events/Activities

Beyond Facebook: New Technologies for Family Readiness Groups

- vFRGs
- Setting up a quick, easy to maintain website
- Conducting an easy online survey for membership

When Your Soldier Deploys: Your Plan For Deployment

- Setting up a Personal Assistance League (PAL) to get the help you need

Oh! The Places We'll Go! What You Have to Look Forward to as a New Guard Spouse

- The Guard Family (resources and events for families)
- A Fine Tradition (military protocol)
- Out on the Town (Guard Functions/Professional Organizations)
- The Tangible Benefits of Being a Guard Spouse